

THE GOOD RIDDANCE Co
SOLSTICE RELEASE KIT

DECEMBER 2025

PRIVATE : GRIEVANCES ENCLOSED

CUT PERIMETER OF ENVELOPE &
FOLD ALONG THE DOTTED LINES



WINTER SOLSTICE RELEASE KIT

GLUE HERE & ON BOTTOM FLAP



BURNING of GRIEVANCES

It's the longest night of the year and a perfect time to stop carrying the things you don't need anymore.

- (1) Set up.
Choose a quiet time, ideally on or near the winter solstice. Gather your Release Kit and extra paper as needed.
- (2) Write.
On the loose paper slips, write what you're finished with. A grievance. A habit. A name. You'll know.

- (3) Read & Close.
Acknowledge it. You don't have to forgive it, but you don't need to keep it. Place your grievances into the envelope and seal it. A wax seal is preferred but tape or chewing gum will do.

- (4) Burn.
Burn the envelope, or bury it if fire isn't an option. Witness it.
- (5) Move on.
Take a breath. Feel the extra space. Carry less into the returning light.

*Burn responsibly.
Fire is symbolic, not mandatory.*

More grievances than usual this year?
Visit www.PaperRook.com for our Deluxe Release Kit.

1977 - Dec 21 - 6:23 pm	2002 - Dec 22 - 1:15 am
1978 - Dec 22 - 12:20 am	2003 - Dec 22 - 7:04 am
1979 - Dec 22 - 6:09 am	2004 - Dec 21 - 12:42 pm
1980 - Dec 21 - 11:56 am	2005 - Dec 21 - 6:35 pm
1981 - Dec 21 - 5:50 pm	2006 - Dec 22 - 12:22 am
1982 - Dec 21 - 11:38 pm	2007 - Dec 22 - 6:08 am
1983 - Dec 22 - 5:29 am	2008 - Dec 21 - 12:04 pm
1984 - Dec 21 - 11:22 am	2009 - Dec 21 - 5:47 pm
1985 - Dec 21 - 5:07 pm	2010 - Dec 21 - 11:39 pm
1986 - Dec 21 - 11:02 pm	2011 - Dec 22 - 5:30 am
1987 - Dec 22 - 4:45 am	2012 - Dec 21 - 11:12 am
1988 - Dec 21 - 10:27 am	2013 - Dec 21 - 5:11 pm
1989 - Dec 21 - 4:22 pm	2014 - Dec 21 - 11:03 pm
1990 - Dec 21 - 10:06 pm	2015 - Dec 22 - 4:48 am
1991 - Dec 22 - 3:53 am	2016 - Dec 21 - 10:44 am
1992 - Dec 21 - 9:43 am	2017 - Dec 21 - 4:28 pm
1993 - Dec 21 - 3:25 pm	2018 - Dec 21 - 10:23 pm
1994 - Dec 21 - 9:22 pm	2019 - Dec 22 - 4:19 am
1995 - Dec 22 - 3:16 am	2020 - Dec 21 - 10:02 am
1996 - Dec 21 - 9:05 am	2021 - Dec 21 - 3:59 pm
1997 - Dec 21 - 3:07 pm	2022 - Dec 21 - 9:48 pm
1998 - Dec 21 - 8:56 pm	2023 - Dec 22 - 3:27 am
1999 - Dec 22 - 2:43 am	2024 - Dec 21 - 9:20 am
2000 - Dec 21 - 1:38 pm	2025 - Dec 21 - 10:03 am
2001 - Dec 21 - 7:22 pm	2026 - Dec 21 - 8:50 pm

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CLOSURE SIMPLIFIED

 **PAPER ROOK**
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